

Kilted1's Steak Stew

Courses: Main Dish

Categories: Beef, Soup

Ingredients

2 lb. ground beef
1 16 oz can stewed tomatoes
1 8 oz cans tomato sauce
1 stick butter
6 C. water
1 tsp. oregano
1 TSP Ground Cumin
1/2 tsp Chili Powder
1 Med carrot, chopped
1 Large onion, chopped
2 Celery stalks, chopped

Directions

Add ingredients in crock pot (or stew pot). Mix, cover and cook for 8-9 on low. If you are using a stew pot, simmer on low-med heat (3-5 on my stove top) until vegetables are tender to the touch.