

# Kilted1 SLOPPY JOE'S



Courses: Main Dish

Categories: Beef

## Ingredients

1/2 Med onion diced  
1 TBSP minced garlic  
6 oz Tomato sauce  
1 tsp bouillon (pick any flavor)  
14.5 oz diced tomatoes  
salt  
pepper  
1 tsp ground sumac  
2 tsp Mushroom Dust  
1 tsp Thyme  
1 tsp Turmeric  
1 pound ground beef  
1/3 C Brown sugar  
1 tsp corn starch

## Directions

Add onion and ground beef to skillet, cook until meat is almost done (some red still on the ground meat). Add spices, tomatoes (with juice), tomato sauce, brown sugar bring to a boil, add corn starch, reduce heat to med-low (#4 on my electric stove) simmer for 20 minutes, stirring frequently to ensure corn starch doesn't clump, and is distributed evenly in the meat mixture.