

# Kilted1's Honey Flank Steak

**Courses:** Main Dish

**Categories:** Beef

## Ingredients

- 2 TBSP Coco Aminos
- 1 TBSP fresh lemon juice
- 2 tsp honey
- 1 tsp garlic, minced
- 1 1/2 #flank steak, trimmed of fat

## Directions

Combine the first four ingredients in a large ziplock bag. Add the steak to bag and seal.

Marinate in the refrigerator for one hour, turning occasionally. Grill or broil about six minutes on each side or until done. Serve with a small baked sweet potato and a steamed vegetable of your choice.