

Ellen Foshee's Meatloaf

Courses: Main Dish

Categories: Beef, Casserole

Ingredients

1 # Hamburger

1# sausage

1 pkg of Saltine crackers, crushed

1 egg

3/4 milk

1 TBLS Coco Aminos

Salt & Pepper

Piquant Sauce (guestimations only)

1 c. ketchup

1/2 c. brown sugar

1-3 tsp. of dry mustard

Directions

Pour liquid into meat mixture and mix thoroughly. (I glove up and get my hands into it, it's quicker and easier) Put into a greased loaf pan. Bake at 350 degrees for 1 3/4 hours

You can add anything that strikes your fancy. For example, I've used soy sauce or a sweet hot sauce instead of the Worcestershire sauce. If you add mushrooms, it's advisable to use canned or already cooked one, or you'll find yourself with a not real firm mess.

Mix well and microwave for a few seconds, just to make sure the sugar is dissolved.